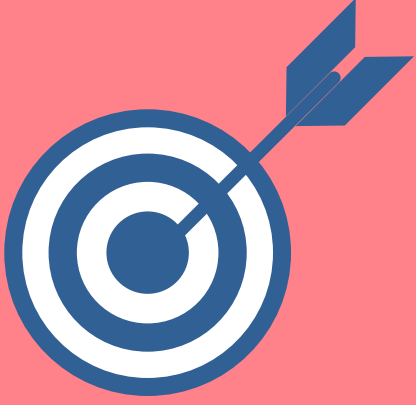


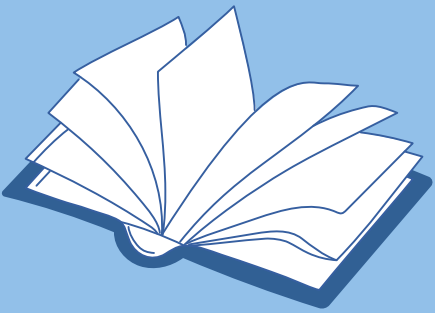
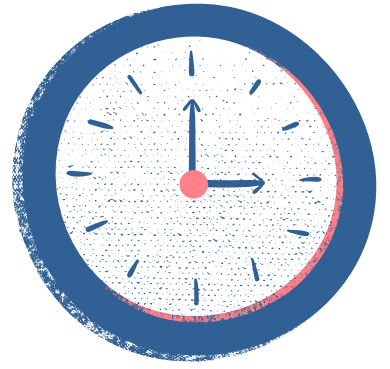


NDIS Goal and Recovery



GOAL: Keep my appointments

Best time of day for me



Set up a diary

Get text message reminders



Ask people to call in the morning to remind me



NDIS Goal and Recovery

STEP 1.

GOAL: Better manage my money



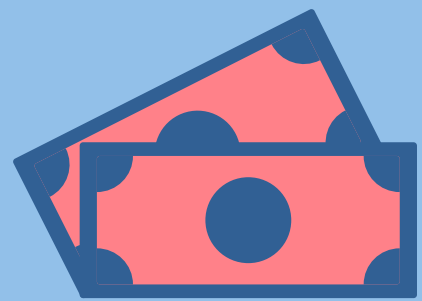
STEP 2.

Set up a savings account



STEP 3.

Understand where I spend my money



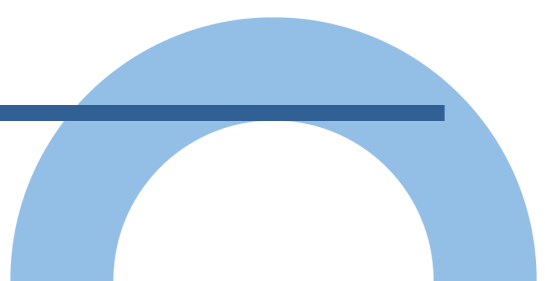
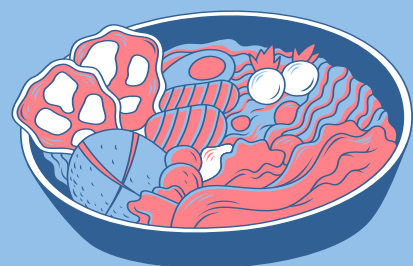
STEP 4.

Work up a weekly budget



STEP 5.

Meal plans

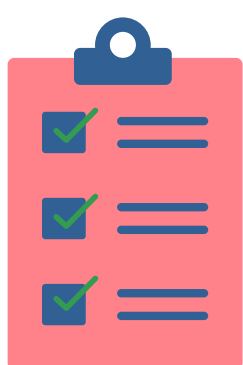


NDIS Goal and Recovery

STEP 1

GOAL: Better manage my medication

STEP 01



STEP 02

STEP 2
Set up a daily plan

STEP 3

Read about the medication

STEP 03



STEP 04

STEP 4
Write down questions to ask my doctor

STEP 5

Keep track of my side effects

STEP 05





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NDIS Goal and Recovery

STEP 1.

GOAL: Better manage my medication

GOAL: Better manage my money

GOAL: Keep my appointments

STEP 2.

Set up a daily plan

Set up a savings account

Best time of day for me

STEP 3.

Read about the medication

Understand where I spend my money

Set up a diary

STEP 4.

Write down questions to ask my doctor

Work up a weekly budget

Get text message reminders

STEP 5.

Keep track of my side effects

Meal plans

Ask people to call in the morning to remind me

NDIS Goal and Recovery

GOAL:
Better
manage my
medication

Set up a
daily plan

Read
about the
medication

Write down
questions to
ask my doctor

Keep track
of my side
effects

GOAL:
Better
manage my
money

Set up a
savings
account

Understand
where I spend
my money

Work up a
weekly budget

Meal plans

GOAL:
Keep my
appointments

Best time
of day for
me

Set up a diary

Get text
message
reminders

Ask people to
call in the
morning to
remind me